

For the Feet.....

File and Polish

£10 (15 mins)

A perfect treat for your tootsies that includes cooling foot cleanser, a file, tidy and polish.

Mini Pedicure

£20 (25 mins)

Nail shape, detailed cuticle work and cared for with oils and creams, basecoats and colour are applied for the perfect pedicure finish.

Shellac or Jessica GELeration shape and polish

£20 (20 mins)

Nails are filed, shaped and finished with gel polish, chip resistant for two weeks.

Luxury Pedicure

£32 (40 mins)

Cleansing and softening in a Pedispa with aromatherapy foot soak, Toe nail tidy, exfoliating foot scrub, cuticle work, cooling foot cream & chosen polish.

Luxury Pedicure finished with Shellac or Jessica

£38 (45 mins)

Includes the benefits of a luxury pedicure, your feet will be totally pampered and finished with Jessica's GELeration gel polish.

Paraffin Wax Treatment

£8 (15 mins)

Lovely warming and deeply moisturising treatment. You can add this treatment to a pedicure or have it just on its own.

Foot and Leg massage

£8 (15 mins)

Relaxing leg and foot massage with cream and finished with refreshing foot spray

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Essex Pamper Parties



essexpamper
'Its all about me!'

'Treatment Pricelist'

For the Hands.....

File and Polish

£8 (15 mins)

Base coat, chosen colour and glossier top coat.

Mini Manicure

£18 (25 mins)

Nail shape, detailed cuticle work and cared for with oils and creams, basecoats and colour are applied for the perfect manicure finish.

Shellac or Jessica GELeration shape and polish

£25 (20 mins)

Nails are filed, shaped and finished with gel polish, chip resistant for 14+ days.

Luxury Manicure

£28 (40 mins)

Cuticles are conditioned and nails shaped. Hands and arms are massaged after heated thermal mitts, with a hand mask to give deeper penetration of creams, improving the moisturising of skin and improving circulation. Finished with buff shine or a polish of your choice. ***add luxury peach paraffin wax only £5**

Luxury Manicure finished with Gel polish

£35 (45 mins)

Includes the benefits of a luxury manicure, your hands will be smoother and firmer. Cuticles will be cared for, nails will be shaped and finished with Shellac or Jessica's GELeration. ***add peach wax only £5**

Luxury Peach Paraffin Wax Treatment

£8 (15 mins)

You can add this treatment or just on its own. Hands age quicker than our faces and you will instantly notice the difference in the appearance of your skin after this gorgeously relaxing treatment. Your hands and nails will be left conditioned and moisturised.

Hand and Arm massage

£8 (15 mins)

Relaxing hand and arm massage with oil.

Aromatherapy Hand and Arm massage

£10 (15 mins)

Relaxing hand and arm massage with Harmony oil inc. Lavendar, Lemon, Cedarwood, Orange, Clary Sage, Geranium and Ylang ylang.

Acrylic, Gel or Nail Art for the Hands or Feet.....

Overlay to the natural nail

£25 (40 mins)

Nail Extensions colour full set

£30 (1Hr 15 mins)

Permanent French full set

£35 (1.5Hrs)

Maintenance/Infills

£20.00 (1HR)

Rebalance

£25.00 (1.5Hrs)

Removal plus mini manicure

£20.00 (1 Hr)

*Choosing between acrylic and gel. Acrylic is a powder and liquid system and is extremely strong, so hard wearing and long lasting. Gel is cured under UV light and not as strong as acrylic but tends to be a little more giving and due to being thinner looks more natural.

Rock star Nails- Glitter Gel Overlay

£40 (45 mins)

Every colour glitter you can imagine, why not go for pale blue and have something blue for your wedding. Sealed Nail Art. This treatment is amazing for toes.

Nail Art (Can be added to any nail treatment)

Freehand nail art (Flicks, glitter line running around white tip, small flowers, swirls, seasonal)

£10 (20 mins)

Additives nail art (Glitter fades, Iridescent powders, hearts, colours, nail stickers)

£15 (30 mins)

Gems 50p each and beautiful Swarovski Crystal gems £2.00 each

Minx Nails

£25 (30 mins)

Extend fashion to your fingertips, the new craze across the celebrity world. Designs for everyone, for a special occasion. You can even have your own design or photo created. Lasts 2-7 days fingertips and 4-6 weeks toes. Choose your design from the online gallery as they have to be ordered in and paid for in advance. To extend the life add **£15** for overlays, will then last 14+ days.

For the Face.....

Aromatherapy Party Face Masks £10 (20 mins)

Nourishing Chocolate, Sparkling Strawberry, Moisturising Orange, Delicate white clay or Cleansing Green clay. Don't be fooled by the price, these face masks are fantastic for your skin and smell delicious!

Express facial £15 (20 mins)

A mini refreshing, pampering facial for every skin type.

Indulgence facial £32 (40 mins)

The ultimate facial that includes, cleansing, exfoliating and a personalised mask to suit your skin type, choose from;

Anti-ageing – This collagen enhanced treatment will help reduce fine lines and strengthen skin elasticity.

Dry Skin – Will replenish vital moisture levels and leave your skin feeling smooth and glowing.

Congested Skin – This treatment will help draw out impurities such as pimples and blackheads.

Teen – Deep pore cleansing, masque chosen for teen needs and education on proper home care.

Elemis Pro-collagen marine facial £69 (45mins)

This is a very popular and powerful anti aging facial using revolutionary Anti-Ageing cream which uses the Marine extract Padina Pavonica to transform the complexion. Trials proved that the appearance in wrinkle depth was reduced by up to 78% and that hydration was increased by up to 45%. Skin firmness and elasticity are dramatically increased. Also using a pro-collagen lifting treatment to reduce neck crepiness by up to 33% and minimise the signs of aging.

Elemis Visible Brilliance Facial £79 (45mins)

To combat ageing, stressed and slackened skin Independently tested with revolutionary results, this Anti-Ageing face and eye treatment instantly firms, rejuvenates and plumps skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after just 1 treatment. Specialised micro-circulatory massage techniques are combined with powerful formulations to help smooth, sculpt and restore skin radiance. A pink rose cellular recovery skin bliss capsule will be used during your treatment and you will be given a green lavender one to take home and use that night.

For the Eyes.....

Collagen Eye Treatment £22 (20 mins)

To ease the signs of ageing & soothe stressed skin around the delicate eye area, puffiness & dark circles, either add as a dimension to any facial, or simply as a fantastic pick-me-up treatment on its own.

Eyebrow Wax £10 (15 mins)

Eyebrow Wax and Reshape £12 (20 mins)

Eyebrow Tint £10 (15 mins)

Eyelash Tint £12 (20 mins)

MYscara - Revolutionary NEW treatment

MYscara is the first pre-blended semi permanent lash coating, providing the effects of mascara with added volume, no smudging, 100% waterproof. Lifts, curls, darkens the lash, 14+ days **£25 (30 mins)**

Eyelash Extensions

**Full Semi-permanent Individual Eyelash Extensions
Beautiful Classic Sets or Ultimate Glamour (More lashes than a classic set)**

Natural - Classic, natural, longer set **£50 / £70**

Silk - Thicker, longer, fluttery lashes **£60 / £80**

Mink - Thicker, longer, fuller lashes **£65 / £85**

Curly Silk/ Mink - Add a touch of glamour **£80 / £85**
Add colour lashes **£5 extra**

Eyelashes last until your natural lash sheds, hence 6-8 weeks

Replenish after 4 weeks **£30 / £35**

Pro removal of individual lashes **£25**

Line Lashes – For a special night out, many lash sets to choose from;

Length to outer edge, natural fine, feathered, colours, diamonte **etc** **£10**

For the Body.....

Neck, Back and Shoulder massage £20 (25 mins)

Concentrating on the key areas to relieve stress and tension in the Muscles.

Aromatherapy Neck, Back and Shoulder massage £25 (25 mins)

Using aromatherapy oils and chosen for either detoxifying, revitalising or relaxing properties to help restore your body's natural balance.

Full body massage £32 (40 mins)

A top to toe massage designed to relieve stress and promote a sense of well-being.

Aromatherapy Full body massage £38 (40 mins)

A relaxing full body massage using aromatherapy oils. After a consultation the oils are picked to suit your own particular needs. A very destressing and soothing massage.

Body Polish £20 (25 mins)

An exclusive body and skin enhancing treatment to remove dead or dry skin, ideal as a pre-holiday skin boost, a pre tan application or simply just to brighten and refresh the skin. This complete exfoliation will cleanse and invigorate the body. Hydrating body lotions are then applied to soften and nourish, leaving your body feeling refreshed and invigorated.

Full body tanning treatment £32 (40 mins)

Experience sunless safe tanning with St Tropez, a unique formulation that is odourless, organic and paraben-free. A light cream is applied and dries in minutes and then buffed with a soft mitt leaving you with a perfectly even finish and a tan that does not patch or streak, for healthy, glowing skin.

Professional Sienna X Spray tan £20 (20 mins)

Sienna X spray tanning gives a gorgeous, natural- looking tan without

the inherent dangers of skin damage that can result from over exposure to UVA/B rays. We don't just use one solution suits all, we cater to your skin type with 8%, 10% 12% & 16% DHA. We also now stock 'Tonight's the night' which develops in 2 Hrs as opposed to 8 Hrs.

For mum-to-be.....

Neck, Back and Shoulder Massage £20 (25 mins)

From 13 weeks pregnant, concentrating on the key areas to relieve stress and tension in the muscles using a grapeseed base oil. Mum lays on side with bump supported.

Aromatherapy Neck, Back & Shoulder Massage £25 (25 mins)

From 13 weeks pregnant, using a specially formulated oil which is infused with cranberry and rosehip and totally harmless for baby but will help relax mummy and a relaxed mummy is a happy baby.

Stretch Mark treatment £25 (25 mins)

From 20 weeks pregnant, Stretch Marks form in the dermis, the middle layer of skin, so prevention is far better than cure as once the skin has been marked it is very difficult to remove. A very light massage to hips, thighs, lower back and bump helps to promote skin growth and specially formulated stretch mark oil, containing tamanu oil to aid skin's elasticity soaks into the skin to deliver an intensive moisture boost.

Full Body massage £32 (40 mins)

A top to toe massage including arms and legs designed to relieve stress and promote a sense of well-being, using a grapeseed base oil.

Aromatherapy Full body massage £38 (40 mins)

A relaxing full body massage using a specially formulated oil which is infused with cranberry and rosehip and totally harmless for baby.

There are many other possible treatments for mums-to-be, if you are unsure please enquire

Waxing

½ leg wax	£15
¾ leg wax	£20
Full leg wax	£25
Underarm or Forearm	£10
Bikini wax	£10
Lip or Chin Wax	£8

For the Ears.....

Ear piercing in the comfort of your own home. Add to a children's Party. *Ear care solution provided and aftercare advice sheet.*

3mm ball	£18
4mm ball	£20
3mm Crystal – Clear	£25
5mm Crystal – Clear	£30
8mm Crystal – Clear	£35
3mm Crystal – Pink	£25
3mm Crystal – Aquamarine	£25
Dolphin	£25

Holistic Health.....

Indian Head massage £20 (25 mins)

Stress, anxiety, fatigue, poor sleep, tension, sinus congestion ... all respond well to the simple, effective techniques used in Indian head massage. A sequence of gentle techniques applied to the head, neck, shoulders and face.

Thai Foot massage £20 (25 mins)

Our feet bear the brunt of a busy daily life. Ease away the tensions with a good foot massage to lift tiredness away, speed up the healing of the feet and help your entire body relax. Like shiatsu, Thai massage aligns the energy flow in the body using gentle pressure on specific points to release tension and reduce stress.

Reflexology £20 (25 mins)

The body's systems and organs are mapped out on the feet by using relaxing massage and stimulation on certain points, or reflexes, on the feet, this gentle therapy encourages the body to work naturally to restore its own healthy balance or homeostasis (internal equilibrium).

Hopi Ear Candles £25 (35 mins)

Hopi Ear Candling, or Thermo Auricular Therapy, is an ancient and totally natural therapy that has been handed down through many civilisations. Very relaxing, can help snoring, sinus problems, headaches, vertigo and encourages the release of toxins in the body.

Hot Stone

Hot stone massage is a deep, warming massage. Warm oil is drizzled onto the body and hot smooth basalt stones placed over chakra points, then using a combination of hands and the warm basalt stones, tension is eased and the body relaxed.

Back, Neck and Shoulder	£25 (25 mins)
Full Body	£35 (40 mins)

Thai Compress Massage

The combination of traditional herbs, essential oils and massage techniques work together to create an enchanting aromatic treatment with a taste of the exotic. Heated muslin parcels containing more than 20 aromatic herbs and spices are used to relieve tired and weary bodies to bring about a deep sensation of comfort and warmth whilst stimulating the body to detoxify and heal itself. A dynamic, powerful, warming and deeply nurturing treatment.

Back, Neck and Shoulder	£25 (25 mins)
Full Body	£35 (40 mins)

Timeout Treats.....

These treatments are deliciously indulgent and suitable for an 'afternoon relaxation' or two's company' party due to their time duration.

Mango and Lime Revitalising Body wrap **£45 (60 mins)**

A full body exfoliating massage, followed by a mango and lime enzyme body mask to leave the body literally bursting with vitality. You are cocooned in a comforting wrap whilst the enzymes work to break down dead skin cells to leave silky soft skin. Very tropical!

Detoxifying Chocolate Body wrap **£48 (60 mins)**

OMG this smells so good. This indulgent treatment includes a luxury chocolate exfoliation, followed by a chocolate application to nourish and gently detox the body in a fantastic wrap. One of the few chocolate experiences to aid rather than hinder slimming!

Marine Mud Warming Body wrap **£48 (60 mins)**

The treatment begins with a full body massage to promote circulation. A therapeutic treatment ideal for aches and pains and superficial skin complaints. Uses warming marine mud rich in trace minerals. The marine mud has natural warming properties as you are cocooned into a state of relaxation.

Inch Loss Contouring Body wrap **£58 (120 mins)**

Need to lose a few inches? The Strictly Professional Body Contour Wrap guarantees inch loss and improves the appearance of skin tone and cellulite. Using a unique blend of essential oils and the traditional method of bandage compression, the treatment removes toxins from the fatty tissue and creates a loss of inches around the body contours. Your inches will be recorded before and after the treatment and after care advice sheets will be provided.



Treatments

Hair.....

Curls - few tonged over outside hair	£15 (20 mins)
All over curls	£30 (40 mins)
Hair straightening	£20 (30 mins)
Hair ups	£15 (20 mins)

Professional Makeup.....

Any trial -	Pro Makeup £20 MAC Makeup £30
Bride on the day -	Pro Makeup £50 MAC Makeup £85
Daytime Makeup -	Pro Makeup £35 MAC Makeup £70
Evening Makeup -	Pro Makeup £25 MAC Makeup £50
Makeup Lesson -	Pro Makeup £15 MAC Makeup £45

Your treatments can be booked online, by email or by phone.